

Utah Outdoor Therapies

Daily client and employee group prices



Rock Climbing

- 2 adventure guides
- Short hike
- 1-2 hours of rock climbing and instruction
- 1 group on coping strategies/employee wellness
- All climbing gear provided
- Lunch can be included
- Self report to the trail
- Morning, afternoon, or early evening
- 9am-1pm, 12pm-4pm, 3pm-7pm

Price: \$95 per person

(\$100 if lunch is included)



Paddle Boarding/Kayaking

- 2 adventure guides
- Short hike
- 1-2 hours of paddle boarding and instruction
- 1 group on coping strategies/employee wellness
- 6 bikes provided, life jackets for whole group
- Lunch can be included
- Self report to the trail
- Morning, afternoon, or early evening
- 9am-1pm, 12pm-4pm, 3pm-7pm

Price: \$95 per person

(\$100 if lunch is included)



Day or Part Day Hike

- 2 adventure guides
- Short hike
- 2-3 hours of hiking and instruction
- 1 group on coping strategies/employee wellness
- Loaner backpacks and water provided
- Lunch can be included
- Self report to the trail
- Morning, afternoon, or early evening
- 9am-1pm, 12pm-4pm, 3pm-7pm

Price: \$95 per person

(\$100 if lunch is included)



Mountain Biking

- 2 adventure guides
- Short hike
- 1-2 hours of mountain biking and instruction
- 1 group on coping strategies/employee wellness
- 6 bikes provided, helmets for whole group
- Lunch can be included
- Self report to the trail
- Morning, afternoon, or early evening
- 9am-1pm, 12pm-4pm, 3pm-7pm

Price: \$95 per person

(\$100 if lunch is included)

